



Empire Swimming

Rocket Team Practice Schedule at Purchase College

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 REGULAR PRACTICE	2 REGULAR PRACTICE	3 REGULAR PRACTICE	4 REGULAR PRACTICE	5 REGULAR PRACTICE	6 PAC MEET	7
8 REGULAR PRACTICE	9 REGULAR PRACTICE	10 REGULAR PRACTICE	11 REGULAR PRACTICE	12 REGULAR PRACTICE	13 TRIDENT MEET	14 TRIDENT MEET
15 REGULAR PRACTICE	16 REGULAR PRACTICE	17 REGULAR PRACTICE	18 REGULAR PRACTICE	19 REGULAR PRACTICE Entry Deadline For YMID MLK 8&U MEET	20	21
22 REGULAR PRACTICE	23 REGULAR PRACTICE	24 NO PRACTICE	25 NO PRACTICE	26 4:00 - 5:00pm at HACKLEY	27	28
29 9:30am-10:30am at HACKLEY	30 9:30am-10:30am at HACKLEY	31 NO PRACTICE	1 NO PRACTICE	2 4:00 - 5:00pm at HACKLEY	3	4

Regular Purchase Rockets practice is Monday-Friday 5:35 - 6:35 PM