



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29 REGULAR PRACTICE	30 REGULAR PRACTICE	1 REGULAR PRACTICE	2 NO PRACTICE	3 REGULAR PRACTICE	4 REGULAR PRACTICE	5
6 REGULAR PRACTICE	7 REGULAR PRACTICE	8 REGULAR PRACTICE	9 REGULAR PRACTICE	10 REGULAR PRACTICE GRYM Meet	11 NO PRACTICE GRYM Meet	12 GRYM Meet
13 REGULAR PRACTICE Entry Deadline For PAC Meet	14 REGULAR PRACTICE	15 REGULAR PRACTICE	16 REGULAR PRACTICE	17 REGULAR PRACTICE	18 REGULAR PRACTICE	19
20 REGULAR PRACTICE	21 REGULAR PRACTICE	22 REGULAR PRACTICE	23 REGULAR PRACTICE	24 NO PRACTICE WILTON MEET	25 NO PRACTICE WILTON MEET	26 WILTON MEET
27 REGULAR PRACTICE	28 REGULAR PRACTICE	29  Swim for Breast Cancer Event 6:15 - 8:20 PM at Hackley	30 REGULAR PRACTICE	31 NO PRACTICE	1 REGULAR PRACTICE	2

Regular Xcel FALL practice is Monday-Friday 6:15 - 8:15 PM, Saturday 8:00 - 9:30 AM