



Empire Swimming

Rocket Team Practice Schedule at Hackley School

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 NO PRACTICE	2 4:00 - 5:00pm at HACKLEY	3	4
5 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	6 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	7 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	8 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	9 NO PRACTICE Entry Deadline For YMID Feb Classic	10	11
12 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	13 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	14 NO PRACTICE	15 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	16 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	17	18
19 NO PRACTICE YMID MLK 8 & U Meet GSA JAN JUMP START	20 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	21 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	22 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	23 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	24 PAC Winter Classic	25 PAC Winter Classic
26 NO PRACTICE	27 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	28 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	29 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	30 REGULAR PRACTICE WINTER SCHEDULE 5:00 - 6:00pm	31	