

## Individual Meet Entries Report

**Metro Swimming Silver North Champs 05-Mar-10 to 07-Mar-10 Yards**

**Location: Felix Festa Middle School, West Nyack, NY**

**EMPIRE SWIMMING [EAST-MR] Coach: Ilan Noach**

**45 Montross Street**

**White Plains, NY 10603**

**914-949-2342**

**coach@empireswimming.com**

### WOMEN

#### Hayley Alexander (13)

# 17	Women 13-14 100 Free	1:05.95Y
# 29	Women 13-14 200 Back	2:39.03Y
# 33	Women 13-14 200 IM	2:40.75Y
# 61	Women 13-14 200 Free	2:22.50Y
# 69	Women 13-14 100 Back	1:14.54Y

#### Kate Amar (8)

# 15	Women 10 & Under 100 Free	1:20.63Y
# 71	Women 10 & Under 100 Back	1:39.73Y

#### Kelly Amar (11)

# 3	Women 11-12 500 Free	6:12.75Y
# 35	Women 11-12 100 Free	1:04.81Y
# 43	Women 11-12 50 Back	34.25Y
# 47	Women 11-12 50 Breast	44.01Y
# 49	Women 11-12 200 Back	2:43.13Y
# 81	Women 11-12 100 Fly	1:15.33Y
# 85	Women 11-12 50 Free	29.91Y
# 89	Women 11-12 100 Back	1:15.77Y

#### Mika Andrews (10)

# 15	Women 10 & Under 100 Free	1:17.86Y
# 19	Women 10 & Under 50 Fly	38.18Y
# 23	Women 10 & Under 100 Breast	1:44.76Y
# 27	Women 10 & Under 50 Back	41.89Y
# 59	Women 10 & Under 200 Free	2:47.52Y
# 63	Women 10 & Under 100 IM	1:27.48Y
# 67	Women 10 & Under 50 Breast	50.09Y
# 71	Women 10 & Under 100 Back	1:27.58Y
# 75	Women 10 & Under 50 Free	36.11Y

#### Sara Araujo (17)

# 7	Women 15-18 500 Free	5:32.66Y
# 37	Women 15-18 100 Free	58.37Y
# 55	Women 15-18 200 IM	2:24.62Y
# 83	Women 15-18 200 Free	2:04.58Y
# 97	Women 15-18 50 Free	27.25Y

#### Taylor Atkin (12)

# 35	Women 11-12 100 Free	1:10.31Y
# 43	Women 11-12 50 Back	35.29Y
# 47	Women 11-12 50 Breast	43.87Y
# 49	Women 11-12 200 Back	2:53.23Y
# 57	Women 11-12 200 IM	2:49.70Y
# 81	Women 11-12 100 Fly	1:26.63Y
# 85	Women 11-12 50 Free	31.37Y
# 89	Women 11-12 100 Back	1:18.32Y
# 95	Women 11-12 50 Fly	36.04Y
# 99	Women 11-12 100 IM	1:21.43Y

#### Natalie Behnen (12)

# 35	Women 11-12 100 Free	1:03.87Y
# 43	Women 11-12 50 Back	33.52Y
# 53	Women 11-12 100 Breast	1:20.91Y

# 57	Women 11-12 200 IM	2:34.86Y
# 81	Women 11-12 100 Fly	1:20.19Y
# 85	Women 11-12 50 Free	29.47Y
# 89	Women 11-12 100 Back	1:11.86Y
# 93	Women 11-12 200 Breast	2:58.16Y

#### Jade Brown (11)

# 35	Women 11-12 100 Free	1:11.33Y
# 47	Women 11-12 50 Breast	37.25Y
# 53	Women 11-12 100 Breast	1:28.78Y
# 85	Women 11-12 50 Free	31.15Y
# 99	Women 11-12 100 IM	1:21.19Y

#### Je'lyn Brown (14)

# 17	Women 13-14 100 Free	1:00.72Y
# 25	Women 13-14 200 Breast	2:43.95Y
# 33	Women 13-14 200 IM	2:39.23Y
# 61	Women 13-14 200 Free	2:17.09Y
# 69	Women 13-14 100 Back	1:17.69Y

#### Olivia Caparelli (16)

# 7	Women 15-18 500 Free	5:51.69Y
# 41	Women 15-18 100 Fly	1:06.63Y
# 45	Women 15-18 200 Back	2:28.63Y
# 51	Women 15-18 200 Breast	2:43.11Y
# 55	Women 15-18 200 IM	2:22.40Y
# 83	Women 15-18 200 Free	2:04.55Y
# 87	Women 15-18 100 Back	1:09.80Y

#### Jessica Cho (11)

# 35	Women 11-12 100 Free	1:07.41Y
# 43	Women 11-12 50 Back	35.49Y
# 49	Women 11-12 200 Back	2:43.37Y
# 53	Women 11-12 100 Breast	1:24.23Y
# 57	Women 11-12 200 IM	2:42.29Y
# 81	Women 11-12 100 Fly	1:18.83Y
# 85	Women 11-12 50 Free	31.51Y
# 89	Women 11-12 100 Back	1:16.24Y
# 99	Women 11-12 100 IM	1:17.10Y
# 103	Women 11-12 200 Free	2:27.73Y

#### Hannah Cleary (9)

# 15	Women 10 & Under 100 Free	1:20.79Y
# 19	Women 10 & Under 50 Fly	43.54Y
# 27	Women 10 & Under 50 Back	42.95Y
# 71	Women 10 & Under 100 Back	1:34.69Y

#### Callie DeCaro (13)

# 17	Women 13-14 100 Free	1:04.23Y
# 33	Women 13-14 200 IM	2:41.12Y
# 61	Women 13-14 200 Free	2:18.50Y
# 65	Women 13-14 100 Breast	1:23.14Y
# 69	Women 13-14 100 Back	1:14.94Y
# 73	Women 13-14 50 Free	28.60Y

#### Emily Ebratt (9)

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**Metro Swimming Silver North Champs 05-Mar-10 to 07-Mar-10 Yards**  
**EMPIRE SWIMMING [EAST-MR] Coach: Ian Noach**

### WOMEN

# 15	Women 10 & Under 100 Free	1:21.17Y	Kaitlin Hartigan (13)	
# 19	Women 10 & Under 50 Fly	43.33Y	# 5	Women 13-14 500 Free
# 67	Women 10 & Under 50 Breast	49.55Y	# 11	Women 13-14 400 IM
<b>Nicole Ebratt (14)</b>			# 21	Women 13-14 100 Fly
# 5	Women 13-14 500 Free	5:38.39Y	# 29	Women 13-14 200 Back
# 11	Women 13-14 400 IM	5:14.99Y	# 33	Women 13-14 200 IM
# 17	Women 13-14 100 Free	58.91Y	# 65	Women 13-14 100 Breast
# 21	Women 13-14 100 Fly	1:09.74Y	# 69	Women 13-14 100 Back
# 25	Women 13-14 200 Breast	3:00.80Y	# 77	Women 13-14 200 Fly
# 33	Women 13-14 200 IM	2:27.94Y	<b>Kiely Hartigan (11)</b>	
<b>Catherine Elwyn (12)</b>			# 3	Women 11-12 500 Free
# 3	Women 11-12 500 Free	6:18.53Y	# 35	Women 11-12 100 Free
# 35	Women 11-12 100 Free	1:02.39Y	# 57	Women 11-12 200 IM
# 43	Women 11-12 50 Back	34.90Y	# 81	Women 11-12 100 Fly
# 47	Women 11-12 50 Breast	39.11Y	# 85	Women 11-12 50 Free
# 53	Women 11-12 100 Breast	1:25.15Y	# 95	Women 11-12 50 Fly
# 81	Women 11-12 100 Fly	1:17.17Y	# 99	Women 11-12 100 IM
# 85	Women 11-12 50 Free	29.05Y	# 103	Women 11-12 200 Free
# 89	Women 11-12 100 Back	1:12.46Y	<b>Madison Hartigan (9)</b>	
<b>Megan Gallagher (13)</b>			# 15	Women 10 & Under 100 Free
# 5	Women 13-14 500 Free	5:37.31Y	# 19	Women 10 & Under 50 Fly
# 21	Women 13-14 100 Fly	1:08.00Y	# 27	Women 10 & Under 50 Back
# 25	Women 13-14 200 Breast	2:51.43Y	# 31	Women 10 & Under 200 IM
# 29	Women 13-14 200 Back	2:18.67Y	# 63	Women 10 & Under 100 IM
# 65	Women 13-14 100 Breast	1:19.61Y	# 67	Women 10 & Under 50 Breast
# 73	Women 13-14 50 Free	27.01Y	# 71	Women 10 & Under 100 Back
# 77	Women 13-14 200 Fly	2:36.06Y	# 75	Women 10 & Under 50 Free
<b>Molly Gallagher (15)</b>			# 79	Women 10 & Under 100 Fly
# 37	Women 15-18 100 Free	1:02.12Y	<b>Samantha Ho (9)</b>	
# 45	Women 15-18 200 Back	2:30.35Y	# 15	Women 10 & Under 100 Free
# 51	Women 15-18 200 Breast	2:56.86Y	# 19	Women 10 & Under 50 Fly
# 55	Women 15-18 200 IM	2:31.54Y	# 23	Women 10 & Under 100 Breast
# 83	Women 15-18 200 Free	2:11.00Y	# 27	Women 10 & Under 50 Back
# 87	Women 15-18 100 Back	1:11.11Y	# 31	Women 10 & Under 200 IM
# 91	Women 15-18 100 Breast	1:23.30Y	# 59	Women 10 & Under 200 Free
<b>Kaitlyn Gardner (13)</b>			# 63	Women 10 & Under 100 IM
# 25	Women 13-14 200 Breast	2:44.28Y	# 67	Women 10 & Under 50 Breast
# 33	Women 13-14 200 IM	2:37.50Y	# 75	Women 10 & Under 50 Free
# 69	Women 13-14 100 Back	1:17.70Y	# 79	Women 10 & Under 100 Fly
# 73	Women 13-14 50 Free	30.08Y	<b>Sami Jaile (16)</b>	
<b>Codi Haigney (16)</b>			# 37	Women 15-18 100 Free
# 37	Women 15-18 100 Free	58.18Y	# 83	Women 15-18 200 Free
# 41	Women 15-18 100 Fly	1:09.92Y	<b>Alexandra Katchis (16)</b>	
# 55	Women 15-18 200 IM	2:27.25Y	# 7	Women 15-18 500 Free
<b>Kelly Hanlon (11)</b>			# 13	Women 15-18 400 IM
# 35	Women 11-12 100 Free	1:09.73Y	# 37	Women 15-18 100 Free
# 43	Women 11-12 50 Back	37.46Y	# 45	Women 15-18 200 Back
# 81	Women 11-12 100 Fly	1:23.28Y	# 55	Women 15-18 200 IM
# 85	Women 11-12 50 Free	30.08Y	# 83	Women 15-18 200 Free
# 95	Women 11-12 50 Fly	34.67Y	# 87	Women 15-18 100 Back
# 99	Women 11-12 100 IM	1:21.29Y	# 97	Women 15-18 50 Free
# 103	Women 11-12 200 Free	2:29.84Y	<b>Nicole Katchis (12)</b>	

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**Metro Swimming Silver North Champs 05-Mar-10 to 07-Mar-10 Yards**

**EMPIRE SWIMMING [EAST-MR] Coach: Ian Noach**

### WOMEN

# 35	Women 11-12 100 Free	1:01.57Y	# 97	Women 15-18 50 Free	28.02Y
# 43	Women 11-12 50 Back	34.91Y	<b>Tanita Leary (14)</b>		
# 47	Women 11-12 50 Breast	39.93Y	# 65	Women 13-14 100 Breast	1:20.99Y
# 49	Women 11-12 200 Back	2:37.19Y	# 69	Women 13-14 100 Back	1:06.83Y
<b>Frances Kleiner (11)</b>			<b>Amanda Leopizzi (12)</b>		
# 35	Women 11-12 100 Free	1:09.59Y	# 3	Women 11-12 500 Free	6:21.05Y
# 43	Women 11-12 50 Back	34.80Y	# 35	Women 11-12 100 Free	1:05.98Y
# 47	Women 11-12 50 Breast	43.21Y	# 43	Women 11-12 50 Back	33.41Y
# 49	Women 11-12 200 Back	2:46.37Y	# 49	Women 11-12 200 Back	2:40.20Y
# 57	Women 11-12 200 IM	2:48.86Y	# 53	Women 11-12 100 Breast	1:26.98Y
# 81	Women 11-12 100 Fly	1:27.76Y	# 57	Women 11-12 200 IM	2:36.18Y
# 85	Women 11-12 50 Free	31.92Y	# 85	Women 11-12 50 Free	29.15Y
# 89	Women 11-12 100 Back	1:15.97Y	# 89	Women 11-12 100 Back	1:16.15Y
# 95	Women 11-12 50 Fly	36.40Y	# 95	Women 11-12 50 Fly	32.97Y
# 99	Women 11-12 100 IM	1:20.32Y	# 99	Women 11-12 100 IM	1:14.16Y
<b>Blanka Kozma (10)</b>			<b>Kelly Martin (13)</b>		
# 1	Women 10 & Under 500 Free	7:02.14Y	# 33	Women 13-14 200 IM	2:42.00Y
<b>Fanni Kozma (12)</b>			<b>Alexandra McNamara (8)</b>		
# 3	Women 11-12 500 Free	6:10.98Y	# 15	Women 10 & Under 100 Free	1:16.75Y
# 35	Women 11-12 100 Free	1:03.07Y	# 19	Women 10 & Under 50 Fly	44.32Y
# 43	Women 11-12 50 Back	33.59Y	# 23	Women 10 & Under 100 Breast	1:42.64Y
# 47	Women 11-12 50 Breast	40.27Y	# 27	Women 10 & Under 50 Back	42.16Y
# 49	Women 11-12 200 Back	2:38.85Y	# 59	Women 10 & Under 200 Free	2:48.38Y
# 81	Women 11-12 100 Fly	1:12.99Y	# 63	Women 10 & Under 100 IM	1:28.45Y
# 89	Women 11-12 100 Back	1:14.10Y	# 67	Women 10 & Under 50 Breast	49.42Y
# 93	Women 11-12 200 Breast	3:16.71Y	# 71	Women 10 & Under 100 Back	1:31.31Y
# 103	Women 11-12 200 Free	2:15.24Y	# 75	Women 10 & Under 50 Free	35.32Y
<b>Isabela Lamadrid (10)</b>			<b>Eleni Najarian (12)</b>		
# 15	Women 10 & Under 100 Free	1:20.96Y	# 3	Women 11-12 500 Free	6:28.34Y
# 19	Women 10 & Under 50 Fly	40.95Y	# 35	Women 11-12 100 Free	1:06.50Y
# 27	Women 10 & Under 50 Back	42.06Y	# 47	Women 11-12 50 Breast	42.54Y
# 71	Women 10 & Under 100 Back	1:34.60Y	# 53	Women 11-12 100 Breast	1:33.41Y
<b>Kristin Lane (15)</b>			# 57	Women 11-12 200 IM	2:41.73Y
# 41	Women 15-18 100 Fly	1:10.66Y	# 81	Women 11-12 100 Fly	1:18.00Y
# 45	Women 15-18 200 Back	2:30.36Y	# 85	Women 11-12 50 Free	30.52Y
# 55	Women 15-18 200 IM	2:28.50Y	# 95	Women 11-12 50 Fly	33.89Y
# 87	Women 15-18 100 Back	1:12.92Y	# 99	Women 11-12 100 IM	1:16.92Y
# 91	Women 15-18 100 Breast	1:23.24Y	# 103	Women 11-12 200 Free	2:19.91Y
# 97	Women 15-18 50 Free	27.19Y	<b>Sabine Nix (12)</b>		
<b>Alexa Lantin (10)</b>			# 35	Women 11-12 100 Free	1:10.77Y
# 23	Women 10 & Under 100 Breast	1:40.37Y	# 43	Women 11-12 50 Back	37.78Y
# 27	Women 10 & Under 50 Back	43.25Y	# 47	Women 11-12 50 Breast	37.67Y
# 63	Women 10 & Under 100 IM	1:31.30Y	# 53	Women 11-12 100 Breast	1:21.15Y
# 67	Women 10 & Under 50 Breast	46.33Y	# 57	Women 11-12 200 IM	2:50.88Y
# 71	Women 10 & Under 100 Back	1:33.09Y	# 89	Women 11-12 100 Back	1:22.15Y
<b>Danielle Latino (15)</b>			# 93	Women 11-12 200 Breast	2:57.88Y
# 37	Women 15-18 100 Free	1:00.07Y	# 95	Women 11-12 50 Fly	36.22Y
# 41	Women 15-18 100 Fly	1:06.61Y	# 99	Women 11-12 100 IM	1:18.27Y
# 45	Women 15-18 200 Back	2:30.36Y	<b>Rachel Noach (11)</b>		
# 55	Women 15-18 200 IM	2:24.38Y	# 35	Women 11-12 100 Free	1:08.55Y
# 83	Women 15-18 200 Free	2:10.05Y	# 43	Women 11-12 50 Back	38.80Y
# 87	Women 15-18 100 Back	1:09.55Y	# 49	Women 11-12 200 Back	2:57.62Y

## Individual Meet Entries Report

**Metro Swimming Silver North Champs 05-Mar-10 to 07-Mar-10 Yards**

**EMPIRE SWIMMING [EAST-MR] Coach: Ian Noach**

### WOMEN

# 57	Women 11-12 200 IM	2:52.62Y	# 65	Women 13-14 100 Breast	1:16.55Y
# 81	Women 11-12 100 Fly	1:22.93Y	# 69	Women 13-14 100 Back	1:08.53Y
# 85	Women 11-12 50 Free	32.09Y	# 73	Women 13-14 50 Free	28.04Y
# 89	Women 11-12 100 Back	1:22.27Y	<b>Elizabeth Rodriguez (14)</b>		
# 95	Women 11-12 50 Fly	34.74Y	# 17	Women 13-14 100 Free	1:05.37Y
# 103	Women 11-12 200 Free	2:25.69Y	# 29	Women 13-14 200 Back	2:32.91Y
<b>Elizabeth Ostertag (15)</b>			# 33	Women 13-14 200 IM	2:45.47Y
# 83	Women 15-18 200 Free	2:10.21Y	# 61	Women 13-14 200 Free	2:21.62Y
# 97	Women 15-18 50 Free	27.26Y	# 69	Women 13-14 100 Back	1:12.78Y
<b>Maureen O'Sullivan (11)</b>			# 73	Women 13-14 50 Free	29.22Y
# 35	Women 11-12 100 Free	1:05.14Y	<b>Nicole Romano (11)</b>		
# 47	Women 11-12 50 Breast	39.78Y	# 47	Women 11-12 50 Breast	44.10Y
# 49	Women 11-12 200 Back	2:40.17Y	# 53	Women 11-12 100 Breast	1:33.25Y
# 53	Women 11-12 100 Breast	1:29.74Y	<b>Siobhan Rooney (10)</b>		
# 57	Women 11-12 200 IM	2:39.72Y	# 75	Women 10 & Under 50 Free	36.07Y
# 81	Women 11-12 100 Fly	1:21.86Y	<b>Josephine Sasso (10)</b>		
# 85	Women 11-12 50 Free	30.16Y	# 15	Women 10 & Under 100 Free	1:19.45Y
# 95	Women 11-12 50 Fly	34.64Y	# 19	Women 10 & Under 50 Fly	41.00Y
# 103	Women 11-12 200 Free	2:24.65Y	# 23	Women 10 & Under 100 Breast	1:48.06Y
<b>Raine O'Sullivan (13)</b>			# 27	Women 10 & Under 50 Back	41.35Y
# 17	Women 13-14 100 Free	1:04.22Y	# 59	Women 10 & Under 200 Free	2:51.36Y
# 29	Women 13-14 200 Back	2:30.33Y	# 71	Women 10 & Under 100 Back	1:31.75Y
# 33	Women 13-14 200 IM	2:37.24Y	# 75	Women 10 & Under 50 Free	36.28Y
# 61	Women 13-14 200 Free	2:17.60Y	<b>Jazmine Smith (9)</b>		
# 69	Women 13-14 100 Back	1:12.23Y	# 15	Women 10 & Under 100 Free	1:12.52Y
# 73	Women 13-14 50 Free	29.43Y	# 19	Women 10 & Under 50 Fly	36.79Y
<b>Megan Ploch (10)</b>			# 23	Women 10 & Under 100 Breast	1:38.57Y
# 15	Women 10 & Under 100 Free	1:20.07Y	# 31	Women 10 & Under 200 IM	3:08.61Y
# 19	Women 10 & Under 50 Fly	41.11Y	# 59	Women 10 & Under 200 Free	2:41.47Y
# 23	Women 10 & Under 100 Breast	1:36.72Y	# 67	Women 10 & Under 50 Breast	45.57Y
# 27	Women 10 & Under 50 Back	40.37Y	# 75	Women 10 & Under 50 Free	33.40Y
# 31	Women 10 & Under 200 IM	3:15.51Y	<b>Mollie Smith (15)</b>		
# 63	Women 10 & Under 100 IM	1:26.94Y	# 41	Women 15-18 100 Fly	1:08.31Y
# 67	Women 10 & Under 50 Breast	46.67Y	# 45	Women 15-18 200 Back	2:28.77Y
# 71	Women 10 & Under 100 Back	1:23.33Y	# 87	Women 15-18 100 Back	1:09.56Y
# 75	Women 10 & Under 50 Free	35.09Y	# 97	Women 15-18 50 Free	27.06Y
# 79	Women 10 & Under 100 Fly	1:36.51Y	<b>Catherine Sullivan (10)</b>		
<b>Stephanie Pon (11)</b>			# 23	Women 10 & Under 100 Breast	1:47.20Y
# 43	Women 11-12 50 Back	38.60Y	<b>Mariana Sullivan (13)</b>		
# 49	Women 11-12 200 Back	2:55.45Y	# 65	Women 13-14 100 Breast	1:22.44Y
# 53	Women 11-12 100 Breast	1:34.32Y	<b>Gabriella Susz (13)</b>		
# 57	Women 11-12 200 IM	2:53.63Y	# 21	Women 13-14 100 Fly	1:07.22Y
# 81	Women 11-12 100 Fly	1:28.20Y	# 33	Women 13-14 200 IM	2:24.17Y
# 89	Women 11-12 100 Back	1:21.00Y	<b>Marissa Thompson (11)</b>		
# 93	Women 11-12 200 Breast	3:19.78Y	# 35	Women 11-12 100 Free	1:02.07Y
<b>Krista Raciti (13)</b>			# 43	Women 11-12 50 Back	34.47Y
# 5	Women 13-14 500 Free	5:50.36Y	# 49	Women 11-12 200 Back	2:38.59Y
# 11	Women 13-14 400 IM	5:31.08Y	# 81	Women 11-12 100 Fly	1:12.55Y
# 17	Women 13-14 100 Free	1:01.02Y	# 89	Women 11-12 100 Back	1:15.69Y
# 25	Women 13-14 200 Breast	2:51.05Y	# 93	Women 11-12 200 Breast	2:59.20Y
# 29	Women 13-14 200 Back	2:35.54Y	# 95	Women 11-12 50 Fly	32.61Y
# 61	Women 13-14 200 Free	2:14.47Y	<b>Emma Veber (11)</b>		

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# 35	Women 11-12 100 Free	1:11.14Y
# 43	Women 11-12 50 Back	38.84Y
# 47	Women 11-12 50 Breast	40.45Y
# 53	Women 11-12 100 Breast	1:26.83Y
# 57	Women 11-12 200 IM	2:46.63Y
# 89	Women 11-12 100 Back	1:24.39Y
<b>Sydney Vleck (9)</b>		
# 15	Women 10 & Under 100 Free	1:12.21Y
# 19	Women 10 & Under 50 Fly	42.48Y
# 27	Women 10 & Under 50 Back	40.60Y
# 31	Women 10 & Under 200 IM	3:09.31Y
# 59	Women 10 & Under 200 Free	2:44.57Y
# 63	Women 10 & Under 100 IM	1:24.84Y
# 67	Women 10 & Under 50 Breast	43.32Y
# 71	Women 10 & Under 100 Back	1:26.36Y
# 75	Women 10 & Under 50 Free	33.46Y
<b>Julia Wallerstein (13)</b>		
# 65	Women 13-14 100 Breast	1:22.21Y
<b>Kelly Wicker (13)</b>		
# 17	Women 13-14 100 Free	59.09Y
# 29	Women 13-14 200 Back	2:30.08Y
# 33	Women 13-14 200 IM	2:33.92Y
# 61	Women 13-14 200 Free	2:13.74Y

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**Metro Swimming Silver North Champs 05-Mar-10 to 07-Mar-10 Yards**

**EMPIRE SWIMMING [EAST-MR] Coach: Ilan Noach**

### MEN

#### William Ansehl (12)

# 4	Men 11-12 500 Free	6:27.81Y
# 36	Men 11-12 100 Free	1:08.93Y
# 44	Men 11-12 50 Back	37.37Y
# 48	Men 11-12 50 Breast	40.98Y
# 58	Men 11-12 200 IM	2:42.45Y
# 82	Men 11-12 100 Fly	1:20.90Y
# 86	Men 11-12 50 Free	32.00Y
# 90	Men 11-12 100 Back	1:23.29Y
# 96	Men 11-12 50 Fly	36.34Y
# 104	Men 11-12 200 Free	2:27.60Y

#### Andrew Babyak (10)

# 64	Men 10 & Under 100 IM	1:22.90Y
# 68	Men 10 & Under 50 Breast	45.39Y
# 76	Men 10 & Under 50 Free	32.95Y

#### John Blackburn (15)

# 38	Men 15-18 100 Free	52.43Y
# 42	Men 15-18 100 Fly	1:02.28Y
# 46	Men 15-18 200 Back	2:19.70Y
# 52	Men 15-18 200 Breast	2:37.70Y
# 88	Men 15-18 100 Back	1:04.26Y
# 98	Men 15-18 50 Free	24.76Y
# 102	Men 15-18 200 Fly	2:25.77Y

#### Mark Callahan (13)

# 6	Men 13-14 500 Free	5:58.60Y
# 18	Men 13-14 100 Free	1:00.93Y
# 22	Men 13-14 100 Fly	1:09.89Y
# 30	Men 13-14 200 Back	2:37.96Y
# 34	Men 13-14 200 IM	2:31.69Y
# 62	Men 13-14 200 Free	2:11.18Y
# 70	Men 13-14 100 Back	1:14.33Y

#### Bryce Chu (10)

# 24	Men 10 & Under 100 Breast	1:50.77Y
# 68	Men 10 & Under 50 Breast	49.86Y
# 72	Men 10 & Under 100 Back	1:37.88Y

#### Tyler Curran (13)

# 6	Men 13-14 500 Free	5:37.39Y
# 12	Men 13-14 400 IM	5:17.94Y
# 18	Men 13-14 100 Free	57.21Y
# 22	Men 13-14 100 Fly	1:05.90Y
# 30	Men 13-14 200 Back	2:17.85Y
# 62	Men 13-14 200 Free	2:03.73Y
# 70	Men 13-14 100 Back	1:04.82Y
# 74	Men 13-14 50 Free	27.20Y

#### Timothy Cushman (9)

# 28	Men 10 & Under 50 Back	43.92Y
# 72	Men 10 & Under 100 Back	1:39.08Y

#### Alon Daks (15)

# 38	Men 15-18 100 Free	55.94Y
# 52	Men 15-18 200 Breast	2:40.77Y
# 56	Men 15-18 200 IM	2:31.70Y
# 92	Men 15-18 100 Breast	1:12.31Y

# 98	Men 15-18 50 Free	25.15Y
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#### Evan Dodes (12)

# 36	Men 11-12 100 Free	1:09.41Y
# 44	Men 11-12 50 Back	36.16Y
# 90	Men 11-12 100 Back	1:15.76Y
# 96	Men 11-12 50 Fly	38.73Y
# 100	Men 11-12 100 IM	1:21.57Y
# 104	Men 11-12 200 Free	2:27.85Y

#### Nico Ferrara (9)

# 16	Men 10 & Under 100 Free	1:21.44Y
# 20	Men 10 & Under 50 Fly	43.92Y
# 24	Men 10 & Under 100 Breast	1:44.74Y
# 68	Men 10 & Under 50 Breast	49.11Y
# 72	Men 10 & Under 100 Back	1:36.20Y

#### Carlos Gallagher (15)

# 42	Men 15-18 100 Fly	1:03.52Y
# 56	Men 15-18 200 IM	2:27.41Y
# 84	Men 15-18 200 Free	1:55.75Y
# 88	Men 15-18 100 Back	1:04.62Y
# 98	Men 15-18 50 Free	24.46Y

#### Lleyton Ho (9)

# 28	Men 10 & Under 50 Back	43.36Y
# 72	Men 10 & Under 100 Back	1:30.79Y

#### Francisco Jaile (12)

# 82	Men 11-12 100 Fly	1:18.27Y
# 90	Men 11-12 100 Back	1:11.79Y
# 96	Men 11-12 50 Fly	32.23Y

#### Alec Jautz (9)

# 76	Men 10 & Under 50 Free	36.64Y
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#### Garrett Kiesel (8)

# 28	Men 10 & Under 50 Back	40.83Y
# 72	Men 10 & Under 100 Back	1:32.02Y

#### Andrew Lamadrid (12)

# 44	Men 11-12 50 Back	41.19Y
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#### Matthew Lantin (13)

# 18	Men 13-14 100 Free	55.60Y
# 22	Men 13-14 100 Fly	1:05.47Y
# 30	Men 13-14 200 Back	2:34.35Y
# 70	Men 13-14 100 Back	1:06.22Y
# 74	Men 13-14 50 Free	25.86Y

#### Stormjames Lipton (15)

# 56	Men 15-18 200 IM	2:29.81Y
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#### Patrick MacAulay (13)

# 62	Men 13-14 200 Free	2:21.75Y
# 70	Men 13-14 100 Back	1:19.30Y

#### John Marshall (10)

# 20	Men 10 & Under 50 Fly	45.23Y
# 24	Men 10 & Under 100 Breast	1:49.24Y
# 68	Men 10 & Under 50 Breast	47.52Y

#### Corey Masino (12)

# 36	Men 11-12 100 Free	1:04.59Y
# 48	Men 11-12 50 Breast	39.72Y

## Individual Meet Entries Report

**Metro Swimming Silver North Champs 05-Mar-10 to 07-Mar-10 Yards**

**EMPIRE SWIMMING [EAST-MR] Coach: Ilan Noach**

### MEN

# 54	Men 11-12 100 Breast	1:25.08Y	# 6	Men 13-14 500 Free	5:26.62Y
# 58	Men 11-12 200 IM	2:42.37Y	# 18	Men 13-14 100 Free	57.23Y
# 82	Men 11-12 100 Fly	1:14.74Y	# 22	Men 13-14 100 Fly	1:04.98Y
# 86	Men 11-12 50 Free	30.74Y	# 62	Men 13-14 200 Free	2:01.70Y
# 96	Men 11-12 50 Fly	32.93Y	# 74	Men 13-14 50 Free	26.61Y
# 104	Men 11-12 200 Free	2:23.68Y	<b>Gregory Pon (15)</b>		
<b>Carter McFarland (15)</b>			# 38	Men 15-18 100 Free	55.25Y
# 38	Men 15-18 100 Free	52.55Y	# 52	Men 15-18 200 Breast	2:36.59Y
# 42	Men 15-18 100 Fly	59.20Y	# 56	Men 15-18 200 IM	2:17.81Y
# 56	Men 15-18 200 IM	2:17.96Y	# 84	Men 15-18 200 Free	2:00.31Y
# 84	Men 15-18 200 Free	1:56.28Y	# 88	Men 15-18 100 Back	1:06.88Y
# 98	Men 15-18 50 Free	24.38Y	# 92	Men 15-18 100 Breast	1:11.33Y
<b>Charles McFarland (13)</b>			# 98	Men 15-18 50 Free	25.77Y
# 18	Men 13-14 100 Free	58.75Y	<b>Raoul Rodriguez (14)</b>		
# 22	Men 13-14 100 Fly	1:12.21Y	# 66	Men 13-14 100 Breast	1:19.76Y
# 30	Men 13-14 200 Back	2:27.19Y	# 74	Men 13-14 50 Free	26.00Y
# 34	Men 13-14 200 IM	2:24.56Y	<b>Sam Rubenstein (13)</b>		
# 62	Men 13-14 200 Free	2:17.13Y	# 66	Men 13-14 100 Breast	1:19.25Y
# 70	Men 13-14 100 Back	1:10.16Y	# 74	Men 13-14 50 Free	26.09Y
# 74	Men 13-14 50 Free	26.00Y	# 78	Men 13-14 200 Fly	2:30.66Y
<b>Tanner McFarland (11)</b>			<b>Joseph Ruggiero (12)</b>		
# 44	Men 11-12 50 Back	40.53Y	# 4	Men 11-12 500 Free	6:13.64Y
# 96	Men 11-12 50 Fly	39.24Y	# 36	Men 11-12 100 Free	1:03.31Y
<b>Sivan Mehta (15)</b>			# 44	Men 11-12 50 Back	36.04Y
# 38	Men 15-18 100 Free	55.53Y	# 58	Men 11-12 200 IM	2:38.49Y
# 56	Men 15-18 200 IM	2:27.62Y	# 82	Men 11-12 100 Fly	1:27.34Y
<b>Eric Moss (10)</b>			# 86	Men 11-12 50 Free	29.21Y
# 16	Men 10 & Under 100 Free	1:19.86Y	# 90	Men 11-12 100 Back	1:21.36Y
# 24	Men 10 & Under 100 Breast	1:51.08Y	# 96	Men 11-12 50 Fly	35.97Y
# 28	Men 10 & Under 50 Back	42.53Y	# 104	Men 11-12 200 Free	2:17.52Y
# 60	Men 10 & Under 200 Free	2:53.15Y	<b>Aaron Saccurato (14)</b>		
# 68	Men 10 & Under 50 Breast	48.49Y	# 6	Men 13-14 500 Free	5:40.36Y
# 72	Men 10 & Under 100 Back	1:34.27Y	# 12	Men 13-14 400 IM	5:09.55Y
# 76	Men 10 & Under 50 Free	36.27Y	# 18	Men 13-14 100 Free	56.95Y
<b>Druid O'Sullivan (10)</b>			# 22	Men 13-14 100 Fly	1:02.96Y
# 16	Men 10 & Under 100 Free	1:16.74Y	# 30	Men 13-14 200 Back	2:23.13Y
# 24	Men 10 & Under 100 Breast	1:37.62Y	# 34	Men 13-14 200 IM	2:27.39Y
# 60	Men 10 & Under 200 Free	2:51.94Y	# 62	Men 13-14 200 Free	2:01.55Y
# 64	Men 10 & Under 100 IM	1:30.82Y	# 70	Men 13-14 100 Back	1:08.00Y
# 72	Men 10 & Under 100 Back	1:39.68Y	# 74	Men 13-14 50 Free	26.35Y
# 76	Men 10 & Under 50 Free	35.52Y	<b>Henry Shipman (10)</b>		
<b>Thomas O'Sullivan (9)</b>			# 16	Men 10 & Under 100 Free	1:15.32Y
# 24	Men 10 & Under 100 Breast	1:39.03Y	# 20	Men 10 & Under 50 Fly	43.99Y
# 28	Men 10 & Under 50 Back	38.13Y	# 24	Men 10 & Under 100 Breast	1:49.33Y
# 76	Men 10 & Under 50 Free	33.09Y	# 28	Men 10 & Under 50 Back	39.49Y
# 80	Men 10 & Under 100 Fly	1:28.52Y	# 32	Men 10 & Under 200 IM	3:11.88Y
<b>Benjamin Palais (17)</b>			# 60	Men 10 & Under 200 Free	2:46.96Y
# 38	Men 15-18 100 Free	52.44Y	# 64	Men 10 & Under 100 IM	1:28.80Y
# 42	Men 15-18 100 Fly	1:02.74Y	# 68	Men 10 & Under 50 Breast	49.45Y
# 84	Men 15-18 200 Free	1:58.96Y	# 72	Men 10 & Under 100 Back	1:24.06Y
# 88	Men 15-18 100 Back	1:02.60Y	# 76	Men 10 & Under 50 Free	36.15Y
<b>Bryan Pon (14)</b>			<b>Sora Shiraishi (15)</b>		

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## Individual Meet Entries Report

**Metro Swimming Silver North Champs 05-Mar-10 to 07-Mar-10 Yards**

**EMPIRE SWIMMING [EAST-MR] Coach: Ian Noach**

<b>MEN</b>
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# 88	Men 15-18 100 Back	1:00.66Y
# 92	Men 15-18 100 Breast	1:09.09Y
# 98	Men 15-18 50 Free	24.15Y

**Thomas St.Vincent (15)**

# 88	Men 15-18 100 Back	1:03.83Y
# 98	Men 15-18 50 Free	24.49Y

**Jackson Susz (10)**

# 16	Men 10 & Under 100 Free	1:19.71Y
# 20	Men 10 & Under 50 Fly	41.99Y
# 28	Men 10 & Under 50 Back	43.96Y
# 60	Men 10 & Under 200 Free	2:51.30Y
# 64	Men 10 & Under 100 IM	1:29.27Y
# 72	Men 10 & Under 100 Back	1:36.23Y

**Maxim Tillmann (13)**

# 6	Men 13-14 500 Free	5:50.25Y
# 18	Men 13-14 100 Free	1:00.67Y
# 30	Men 13-14 200 Back	2:35.61Y
# 34	Men 13-14 200 IM	2:37.50Y
# 62	Men 13-14 200 Free	2:10.74Y
# 70	Men 13-14 100 Back	1:11.06Y
# 74	Men 13-14 50 Free	27.26Y

**Sawyer Turcotte (15)**

# 38	Men 15-18 100 Free	52.71Y
# 52	Men 15-18 200 Breast	2:37.38Y
# 56	Men 15-18 200 IM	2:18.58Y
# 88	Men 15-18 100 Back	1:01.55Y
# 92	Men 15-18 100 Breast	1:11.18Y
# 98	Men 15-18 50 Free	24.36Y

**Scott Weston (11)**

# 4	Men 11-12 500 Free	6:27.01Y
# 36	Men 11-12 100 Free	1:04.71Y
# 44	Men 11-12 50 Back	36.99Y
# 48	Men 11-12 50 Breast	39.53Y
# 54	Men 11-12 100 Breast	1:25.66Y
# 86	Men 11-12 50 Free	30.28Y
# 90	Men 11-12 100 Back	1:19.02Y
# 96	Men 11-12 50 Fly	38.36Y
# 100	Men 11-12 100 IM	1:18.34Y
# 104	Men 11-12 200 Free	2:21.71Y

**Bujar Zabelaj (13)**

# 6	Men 13-14 500 Free	5:51.74Y
# 12	Men 13-14 400 IM	5:04.77Y
# 18	Men 13-14 100 Free	1:00.45Y
# 22	Men 13-14 100 Fly	1:09.93Y
# 30	Men 13-14 200 Back	2:22.18Y
# 34	Men 13-14 200 IM	2:22.48Y
# 62	Men 13-14 200 Free	2:09.63Y
# 70	Men 13-14 100 Back	1:07.00Y
# 74	Men 13-14 50 Free	27.71Y