



Empire Swimming 2010-2011 Training Schedule & Team Fees

Rocket Team Schedule

Full Season:	Monday	6:30 - 7:30 PM	Manhattanville College
	Tue/Wed/Thu	6:00 - 7:15 PM	Manhattanville College

Lightning Team

Fall/Spring:	Mon through Fri	6:30 - 8:00 PM	The Hackley School
	Saturday	8:30 - 10:00 AM	The Hackley School
Winter:	Mon-Fri	5:30 - 7:00 PM	The Hackley School
	Saturday	8:30 - 10:00 AM	The Hackley School

X-Cel Team

Fall/Spring:	Mon through Fri	4:30 - 6:30 PM	The Hackley School
	Saturday	7:00 - 8:30 AM	The Hackley School
Winter:	Mon-Fri	7:00 - 8:30 PM	The Hackley School
	Saturday	7:00 - 8:30 AM	The Hackley School

X-Treme Team

Full Season:	Mon - Fri	5:30 - 7:30 PM	Ardley Middle School
	Sunday	8:00 - 10:00 AM	The Hackley School

Rocket Team Fees:

Team Fees	\$1,775
Entry Fee Escrow & USA Registration	<u>\$275</u>
Total	\$2,050

Lightning Team Fees:

Team Fees	\$2,675
Entry Fee Escrow & USA Registration	<u>\$375</u>
Total	\$3,050

X-Cel Team Fees:

Team Fees	\$2,975
Entry Fee Escrow & USA Registration	<u>\$375</u>
Total	\$3,350

X-Treme Team Fees:

Team Fees	\$3,375
Entry Fee Escrow & USA Registration	<u>\$375</u>
Total	\$3,750

College Swimmers:

Summer Training Fees Per Month:	\$200*
(*Plus USA Swimming Registration Fee of \$56, if needed)	